



Operations Avoided

Hospitals in our great cities are sad places to visit.

Three-fourths of the patients lying on those snow-white beds are women and girls.

Why should this be the case? Because they have neglected themselves.

Every one of these patients in the hospital beds had plenty of warning in that bearing-down feeling, pain at the left or right of the womb, nervous exhaustion, pain in the small of the back. All of these things are indications of an unhealthy condition of the ovaries or womb.

What a terrifying thought! These poor souls are lying there on those hospital beds awaiting a fearful operation.

Do not drag along at home or in your place of employment until you are obliged to go to the hospital and submit to an examination and possible operation. Build up the female system, cure the derangements which have signified themselves by danger signals, and remember that Lydia E. Pinkham's Vegetable Compound has saved thousands of women from the hospital. Read the letters here published with the full consent of the writers, and see how they escaped the knife by a faithful reliance on Mrs. Pinkham's advice and the consistent treatment of

Lydia E. Pinkham's Vegetable Compound.

READ THE FOLLOWING LETTERS:

"I was taken sick very suddenly July 13th with severe cramps, or pains. I summoned a doctor and was in bed a week lying on my back all the time. The pains left me very sore. In a few weeks I was feeling better but was soon taken sick again with those pains and had another doctor. This one said I had neuralgia pains of the stomach and ovaries. He injected morphine and eased me again, but I remained sore and weak from the pains and continued to flow for one month and three days without stopping for one day.

"The doctors wanted to scrape the womb, saying the lining was inflamed. I had a pain at times in my right ovary and felt weak nearly all the time. Am only twenty years old, never was sick until this sickness in July. Menstrues never lasted more than four days and never an ache or a pain.

"I began the use of Lydia E. Pinkham's Vegetable Compound and soon was feeling better. I am now well and strong again. Your medicine has relieved me of the pain in my side and stopped my flowing which the doctors could not do for me and can recommend your medicine to all suffering women."—LUCILLE A. GAINES, 2348 Pine St., St. Louis, Mo.

"I suffered with female trouble for over eight years, had womb trouble and painful menstruation. Have been under the care of doctors who said I would have to submit to an operation before I could be cured. I suffered everything.

"One day I picked up a paper and noticed your advertisement and a testimonial from a friend I knew, stating your medicine had cured her so I thought I would try it. I told my husband I would give up all doctors and try your medicine. I began using your medicine just two months ago and cannot say enough on its praise. Menstruation comes freely now without pain.

"Lydia E. Pinkham's Vegetable Compound has brought health, joy and happiness to me. My advice to all suffering women is to try your Vegetable Compound."—Mrs. FRED McNAUGHTON, Box 401, Breckenridge, Minn.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

THE LENTEN SUNDAY

Sunday morning never found Mrs. Smith absent from her pew.

Accompanied by Mr. Smith and Master Smith she sat in the sanctuary through every service. The head of the house was content to officiate during the offertory. His title having been dropped on the plate, he sank into quiescence to appear publicly in one week at the same hour and place. He must have held private mid-week things in his own home or the presiding genius of his friends could not have been the loyal advocate of the secular work of the church that she was.

Her Sunday school class loved her. It was never necessary for the superintendent to look up a supply. Mrs. Smith with her armful of books was always in her place even before the class gathered. She attended the weekly prayer meetings as a matter of course. Her name was on the roll of the foreign missionary society, the south side circle, the women's club of the church and the ladies' aid society. Central circle claimed her also because she lived on the boundary of that and the south side circles. She was really a member of both.

Still Mrs. Smith was not a church member—only a humble follower of those worthies according to the dictates of a twentieth century creed. One could always rely on her aid in advance in any undertaking. She was much sought after—and always at work.

Easter brought many tasks into the Smith household. The circle had planned a bazaar to be followed by a supper for the entire church. Mrs. Smith was appointed on several of the committees and she never slighted her work.

Master Smith had inherited his mother's genius for making friends and for two weeks had been sleeping easy in dyes of wondrous hues. All the old cups in the pantry were some shade of purple, red or blue and all the tables were covered with wonderful creations of shell and ribbon.

His mother dropped a bead collar she was laboriously constructing for the bazaar one afternoon at the sound of a tremendous din and splashing in the kitchen. Arthur was standing in a puddle when she arrived, dripping with Easter offerings which had not yet been blown. She was on the point of using harsh speech when her eye fell on a motto her son had prepared with elaborate care. The words "Christ is Risen" glared forth from beneath a coating of whites and yolks of Easter eggs. So she comforted the soaked youngster, wiped up the mess and returned to her stocks.

Mrs. Smith paused frequently to consult a list that afternoon. At intervals she took a pencil and scratched out a name.

"Christmas, New Year, St. Valentine's day, Easter and only a month before May day with its baskets," she sighed and looked at a small pile of labeled tissue-wrapped packages that she had prepared that morning.

The telephone bell rang and would reach her that her dressmaker would see her at 2 o'clock the next morning. She resumed her bead work hurriedly. The next morning just as she was getting ready to leave for the dressmaker's, the president of the circle called. She had been bustling about the city arranging donations for the supper and came to Mrs. Smith to complete her plans because she knew that Mrs. Smith could think of everything at one sitting.

"Let the dressmaker wait," said the president. "You'll wait anyway when you get there. You might as well do it here and accomplish something."

So in a moment the two were deep in the plans of a big church supper. It was fixed this way:

Mrs. A, Mrs. B, Mrs. C, were to bake cakes. Mrs. D was to be asked to do so and if she was too busy was to give money. She always had so much to do for she ran the ladies' league for city improvement and it was giving the town a few Easter far-bellows.

Mrs. E was to hustle around and send

to the church three gallons of mashed potatoes, hot and ready to serve. Arthur was to lug the potatoes to the church for Mrs. E, unfortunately—for Arthur was childish.

Mrs. F had promised to make the salad if Mrs. G would provide the salad dressing. They had done this at the church for Mrs. E, unfortunately—for Arthur was childish.

Mrs. H was the most expert bread maker in the church and she had agreed to perform the herculean task of sending twenty loaves of home made.

"Isn't she just a dear woman?" exclaimed the president.

"It's lovely of her. And with all she has to do, too—eleven in her family, you know."

Mrs. I, J, K, L, and M had large stocks of sauces, pickles, jellies and jams which they had volunteered to donate.

"Arthur can make another trip for them when he takes the potatoes down," said Mrs. Smith.

"So good of you, Arthur to help," said the president as the lad entered the room to ask permission to go with a gang of boys to play ball in the next block.

"He'll make a church man like his father if he continues to take an interest in religious affairs," she added, addressing Mrs. Smith.

The reference to his father didn't appear to soothe the boy's feelings.

"And we mustn't forget Mrs. O. She will loan us table linen and vases for the flowers. You know she's a member of the society of Ancient Religions and when I called, she was writing a paper on Metempsychosis. She's such an earnest woman."

"You haven't solicited all the meat," said the practical Mrs. Smith.

"No, not all. I left the last ten pounds for you. But I'll cook it if you will get it. I've a new range and it works beautifully."

And this was settled. Then the ladies had an argument about coaching the church earlier in the afternoon in time to superintend the kitchen. It seemed that each of the two and several of their friends were to attend hither and thither and would be delayed. This was left up in the air, both being confident that they did not arrive in time the Lord will provide.

"Well, we'll simply have to put in a dinner each all around," the president said as she departed. "Oh, there are so many demands on one nowadays."

Mrs. Smith returned from the dressmaker's for a late lunch and she was tired out. A telephone call from the president dragged her out almost before she donned her gingham. Mrs. D, it seemed, could not bake a cake as she had done so much for the missionary bazaar and had completely neglected preparing her Easter gifts. Would Mrs. Smith please put in a little more material at her own Sunday baking and turn out an extra cake?

"Oh, the awful woman!" protested Mrs. Smith.

"You know you have a reputation for doing two women's work," wheedled the president. "How you accomplish it, so easily, I cannot imagine. I'd do it only I have the meat and the responsibility of the whole supper."

"Well," assented Mrs. Smith slowly. "But I'll remember Mrs. D."

Several weeks before she knew there was to be a church supper Mrs. Smith had arranged for a little afternoon gathering at her own home on that same day. After the news of the cake, she sat down to figure out if possible a program. She was president of a neighborhood club that was to meet on the night of the supper and she desired to attend a lecture that night with Arthur. She studied a good long while and went about her house talking over a lot of things.

The night before the supper she took up the neglected burden of cake making that pressing social duties had forced to wait till the last. Between various little jobs that she gave the dough as she stirred it in the bowl, she studied over a schedule of the next day's refreshment menu for her own gathering and planned how to get her guests out of

the house decently in time to permit her to reach the church by 4 o'clock. By midnight the contribution to the supper was out on a cake board, properly tied to cool and harden.

Arthur was a busy boy next day.

"Why do you belong to so damned many societies?" he asked of his mother as he started after the potatoes, the jellies and the vases. "I suppose it's for the good of the cause," he added with all the sarcasm a boy of twelve can put in detestation of a task he is doing.

For once Mrs. Smith had little to say. She patted her son's cheek and promised to let him go to a basketball game. Somewhat mollified he left.

It was after 10 o'clock that night when an up-to-date church woman saw the last dish washed in the church kitchen and longed just that hour when she rested her head on her pillow under which rested \$5, the receipts of the supper.

She dreamed and had a vision of the Master in the mountain where the Jews to the number of 5,000 had followed Him before the feast of the Passover.

The assembly was seated on the ground and He held five barley leaves and two small fishes and was blessing them. The disciples distributed the loaves and fishes.

The verse in St. John describing the scene came to her mind in the dream.

"And they gathered them together—and filled twelve baskets with the fragments."

"Of roast beef, cold ham, mashed potatoes, tongue, jelly, vegetables, tomato catsup, cake, coffee, tea and ice cream," that was the way the dream god finished the verse.

She was restless in her sleep—G. F. F. in Nebraska State Journal.

THE KOREAN IMPERIAL FAMILY.

As origin of the Korean imperial family, which is just at present experiencing the pressing attention of both the devil and the deep sea, is sufficiently picturesque—that is, if it is possible to believe the legend which relates it. It seems that the favorite wife of the king of a certain province in north China was walking along the banks of a river, when she noticed something approaching with the current. The something proved to be a large egg, from which, when it was broken, emerged a boy child of great beauty.

She carried the infant to the king, who, however, to have been of a suspicious turn of mind, for he ordered the child to be at once thrown into the royal seas, which housed a peculiarly savage breed of pig. Far from killing the child, however, they lavished porcine attentions upon him, which, being related to the king, caused him to repent to have the child brought back to the palace, and to name it "Light of the Orient." The boy grew up to so many virtues and other excellencies that the king again grew jealous and sought his death. The young man heard of it and fled. Closely pursued, he arrived at the Yalu river. To find an arrow into the water, and at once a great shoal of fish appeared, and formed themselves into a living bridge, over which he crossed the river in safety.

On the other side he found an amiable nation who elected him their king, and from him the present dynasty is descended, or purports to be, which is much the same.—Manchester Guardian.

ANIMALS AT SEA.

A French scientist has made some interesting observations as to the behavior of different wild animals at sea. The polar bear, he says, is the only one that takes to the sea, and is quite jolly when aboard ship. All others violently resent a trip on water, and vociferously give vent to their feeling until seasickness brings silence. The tiger suffers most of all. He whines pitifully, his eyes water continually, and he rubs his stomach with his terrible paws. Horses are very bad sailors, and often perish on a sea voyage. Oxen are heroic in their attempt not to give way to sickness. Elephants do not like the sea, but they are amenable to medical treatment. A good remedy is a bucketful of hot water containing three and a half pints of whiskey and seven ounces of quinine.—St. James's Gazette.

INFERNAL MACHINE

Anarchists Conceals One in His Trunk at Hotel.

EXPLODES PREMATURELY

Kills the Plotter and Destroys All Evidence.

St. Petersburg, April 14.—An anarchist named Kazanoff, stopping at the Hotel Du Nord, on the Nevsky Prospect, concealed an infernal machine in his trunk. It prematurely exploded last night. Kazanoff was blown to pieces, the ceiling and windows of his room were smashed, several persons were injured and fire broke out in the hotel. The flames were quickly extinguished. The police found no evidence of a plot. The man arrived at the hotel yesterday morning with a trunk and hand bag. He went out in the afternoon and returning at 5 o'clock remained in his room thereafter. Evidence of the Anarchist's identity was destroyed in the explosion, which shattered the adjoining rooms. Among those injured was a naval cadet.

THE GIBRALTAR OF JAPAN.

MOJI is the Gibraltar of Japan.

Whether you arrive by land or by sea, the place gives an immediate impression of dominating majesty. Great hills tower up in every direction, and behind them the snow-capped mountain peaks proudly toppling them.

Here and there you spy openings on the rocky shore—artificially-constructed natural harbors. A well-protected channel takes you into the bay of Shimonoeki itself, and here, after a short journey, you come on the twin towns, Moji and Shimonoeki, on either side of the bay.

The hills, black and lined with mist, stand grimly around. Stacks of Titanic chimneys on the low levels of Moji vomit forth thick smoke, revealing the horrors of Pittsburgh. Ten thousand craft, from the 800-ton Harland & Wolff steamer to the antique junk, lie packed around. Stacks of coal, almost mountains in themselves, are one great center of work. An almost unceasing succession of trains adds to them, while myriad workers bear the accumulating loads to lighters near by. The locomotives you notice are Balisarda, and the coal trucks are the newest pattern—steam, automatic emptying. The open fires burn wearily on the native boats. There is a feeling of haste in the air.

In the harbor, both on the Moji and the Shimonoeki sides, the native craft are emptying and filling with great speed. Packers covered with matting are being swung on the backs of tireless coolies or swung on ever-moving cranes. In the deeper water great steamers are lying, surrounded by coal barges and an army of women and men are coaling them by hand with a rapidity no machinery can rival. This is not the sleepy Orient, but has the spirit of the bustling west.

The multitudinous junks themselves are well worth notice. The rule here seems to be "one junk, one family." The family live continually on the great angular, unpainted boat, the wife helping at the tiller as she carries her baby on her back, and the children playing around. Here is a junk so large that half-a-dozen households could find room on it; here one so tiny that its poor owner and his wife and children can only find room to sleep at night pulling matting over the bare deck. This junk is outwardly the replica of the old Spanish galleon, and this is the image of the pictured pirate craft which awesomely reigned over the bay of old days. The sails of yonder craft are quilted like the curtains in a

West Hampstead lady's drawing room. Many have a distinctive note of their own, proclaiming them the pride and holdfast of their inhabitants.

Some may grow enthusiastic over the nimble women who fill the banks of the steamships with coal. "I cannot," seen from the steamer's deck, their appearance, as they stand in long lines passing up the small baskets of coal, no doubt has a touch of picturesque. A nearer view spoils the effect. They are adult women, all amazingly short and sturdy, all stunted in growth and aged in looks by severe and constant toil mounted for their sex. As one watches the weaker of them drop down on the deck of their barges, exhausted after their work is done, the sense of the picturesque dies.

It is hard to realize that around here is one of the best fortified spots on earth. Every trace of the gigantic military and naval preparations now proceeding in the neighborhood is as carefully covered as possible. The hills around are honey-combed with forts and protected by artillery at every point, but one looks in vain for the guns. The supplies now being landed from a thousand junks are, every one is aware, for military use.

But there are no men in uniform supervising. Tens of thousands of troops lie ready within a brief march, but there is not a soldier on the streets. This scenery, at least, is typically Oriental.

Those who are enraptured with the poetic side of Japan would receive a shock from the streets of Moji or its sister town Shimonoeki. They are as prosaic and as dirty as those of the worst parts of the Black Country. Everyone bears the traces of toil. The streets are narrow and tortuous, and have that indescribable "stummy" smell the nearest approach to a description can be a combination of the odors of boiled cabbage and spilled paraffin) familiar in the back streets of London. The children too often show plain traces that their mothers are busy at other work than caring for them. The roadways are without footpaths, and on wet days are anything but pleasant. Drainage is exceedingly primitive. Every shop has its front open all day, even in these winter times.

The streets are ever a tangled confusion of pavement merchants, of patient coolies carrying heavy burdens of laughing children, of rare horses or cattle carrying provisions, of shouting rickshaw men. Even here, in a place where foreigners are counted by the units, many of the men, but practically none of the women, have put on European garb.

Shimonoeki and Moji have been the center for two of the most momentous events in modern Japanese history. It was here, in 1863, that the fleets of the great powers came to punish Japan for some offenses against foreigners. Many men still living near by took part in that conflict, and they say whether rightly or not, I have no means of knowing, that the Marquis Ito himself was among the defenders. The fleets shelled Moji, and the people mounted their batteries and vigorously replied. But very Japanese shot fell short. The result of that bombardment was not merely local ruin at Moji, but stretched out to the overthrow of the old Japanese feudalism and the inception of a new ideal of an Occidentalized Orient.

It was, therefore, fitting that this same bay, which had witnessed the humiliation of the old, should be the scene of the crowning triumph of the new. Ten years ago Japan proved, by force of arms, her power to enter the ranks of the world-nations. China lay defeated before her despised rival, and it was to Shimonoeki that Li Hung Chang, China's envoy, came cringing, and obtaining peace.

It was the triumph of the new Japan, a triumph which every Japanese believes will be repeated in the near future over a greater rival. The people here have faith that as the triumph of 1894 wiped out the bitter memories of 1863, so shall their coming conquest make even the glories of the last victory fade. For the modern Japanese does not hope for victory; he is firmly convinced, whether coolie or soldier, that anything except victory is now impossible for his nation.

—London Daily Mail.

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